# The Importance of Research Experiences to Attract Girls to Science and Engineering 

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# Women in Physics: Few but Fantastic! 

Marie Curie<br>C.S. Wu<br>Lise Meitner<br>Maria Goeppert Mayer<br>And others

- How many girls and women had potential to be great scientists, but no opportunity?
- What ideas were lost to science \& science education because few women participated?
- How many children have poor science literacy, because their mothers knew no science?


## Science and Engineering Need Minorities and Women

- Science and engineering are about...
- Questions
- Ideas
- Extrapolation and prediction
- Systematic observation
- Communication
- Interpretation, deduction, and understanding
> Women \& minorities strengthen and enrich the enterprise
! But they are too scarce in most fields


## "Mom, Have You Ever Wondered How A Bird's Wings Could Beat so Fast?"



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WHAT IF A SINGLE DAY WAS LIKE A WHOLE WEEK FOR THEM. THEN...FROM THEIR PERSPECTIVE, THEY'D BE MOVING


IF THAT'S THE CASE, THEN IT COULD BE TRUE FOR HOUSEFLIES, MOSQUITOES AND


## Third International Conference

- Seoul, Korea October 2008
- Organized by IUPAP Working Group on Women in Physics
- Thanks to support from NSF, ~30 US universities and DOE National Laboratories, and international sponsors



## ~300 from 57 Countries; 15\% men

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Q academic institutions

- national laboratories
© industry
o scientific societies
- national governments
- granting agencies


## ICWIP 2008 Unanimous Resolution

1. Promote through IUPAP Liaison Committees and physical societies the formation of regional or national working groups for* women in physics.
2. Publicize site visits as an effective tool for improving the "climate" of physics workplaces \& encourage their implementation.
3. Actively encourage IUPAP conference organizers to provide (a) professional development workshops for attendees, and (b) outreach aimed at the public \& to excite both girls and boys about physics from an early age.
4. Charge the Working Group on Women in Physics to (a) oversee administration of a global survey of physicists, (b) continue to assess progress, (c) make useful resources available globally through the internet, (d) organize 4th conference in 2011, \& (e) report at 27th General Assembly.
5. Urge Liaison Committees and physical societies to encourage broad participation in the global survey in their countries.

## Bringing Up Girls \& Boys

- Get dirty
- Take things apart and put them together (or maybe not)
- Work with tools
- Explore and build
- Do sports and outdoor games
- In team projects, be the leader and innovator
- Be energetic \& rambunctious
- Think for himself
- Stay clean
- Keep things whole, neat and pristine
- Use paintbrushes artistically
- Read and write
- Play quietly indoors
- In team projects: be a follower and note-taker
- Cook following recipes
- Don't question


## Preparation for interest and success in science and engineering?

## Attracting Girls and Minorities to S\&E

- Parents who love science and math and encourage curiosity
- Precollege math \& science with great teachers
- Contact with real scientists \& engineers
- Opportunity to do research: experience the challenge of inquiry and joy of discovery
- Introductory college courses that intrigue, challenge, and invite


## Issues Affecting Access and Success

- Childhood
- Gender schema \& accumulation of disadvantage
- Role models and popular stars/heroines
- Encouraged activities and experiences: RESEARCH
- Peer pressure - especially the expectations of boys
- Education and Early Career
- Gender schema \& accumulation of disadvantage
- Loneliness and isolation
- Role models and supportive mentors
- Special opportunities to lead and excel
- The INCREDIBLE challenges and barriers faced by girls and women of color


## Other Issues

- Self confidence-the courage to tackle the unknown or start a complex project that you've never done before
- Practice thinking like a scientist: questioning, exploring, discovering, verifying
- Guidance counselors, teachers, neighbors, parents - the significant adults in every girl's life
- Peer pressure, especially from boys and men
- We will never achieve sustainable improvements for women without changing the expectations males of all ages have for the females in their lives


## School Teachers are Key

- May be the first science people children meet
- Often they are female role models
- They share their love (or fear) for science and math
- Engage students with hands-on, inquiry-based pedagogy
- Nurture and reward students' curiosity
- Encourage/tolerate "getting dirty"
$\Rightarrow$ Universities MUST prepare teachers able to invite, engage, and inspire children about science and math
$\Rightarrow$ Especially important for children with no role models or encouragement in their families/communities


## Hands-On Exploration Aids Discovery



## Questions Help Girls Think Like Scientists

- How?
- Why?
- What if?
- How can we find out?
- Encourage her to ask questions \& discover answers
- Stimulate her to explore and experiment
- Help her invent many ways to find out
- Have her discover that many questions have more than one answer
- Let her evaluate the answers
- THIS IS RESEARCH


## How Can We Build the Fastest Solar Car?



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## Questions that Encourage Scientific Thinking

- What is similar/different about . . . ?
- Describe the interactions between . . . ?
- What do you think makes that happen?
- What would happen if . . . .?
- What might change if it were hotter? Colder? Faster? Slower? Lighter? Darker? . . .
- What factors do you think might be important?
- How could we find out?
- From my mother


## Involve Girls in Research Early

- Most children have never met a scientist and don't know how exciting science is
- Most girls have no encouragement to do science
- Doing research in secondary school or early undergraduate years encourages curiosity and infects students with a passion for discovery
- MacArthur prizewinner, Deborah Jin (JILA/NIST), says summer research at NASA after her sophomore year in college "pretty much settled things. I knew from that point on that I was going to be a physicist."


## What is Student Research?

- An inquiry or investigation
- Conducted by a student or team of students
- Often in collaboration with a teacher, parent, or mentor
- That makes an original or creative "discovery"
- Usually without following a recipe to achieve a known answer


## Documented Gains from Early Research

- Advancing cognitive and intellectual growth
- Knowledge and skills
- Academic achievement and educational attainment
- Fostering professional growth and advancement
- Promoting personal growth
- Curiosity and confidence
- Independence \& initiative
- Recognition and respect
- Especially important for children who have not been guided or encouraged to think like scientists
- From Osborn \& Karukstis in Broadening Participation in Undergraduate Research, 2009


## Discovery through Reseach



## Understanding the Challenges

- According to Dr. Virginia Valian (author of Why So Slow? ) two key concepts help explain the difficulties girls and women face entering and advancing in science and engineering
*"Gender schema"
* Accumulation of advantage
- These hidden challenges are likely to be aggravated for under-represented minorities


## Gender "Schema"

- Gender and ethnic "schema" are widely held beliefs about men, women, and people from ethnic $\stackrel{\star{ }^{\underline{x_{*}}}}{ }$ groups with respect to their competence, career roles, and leadership ability
- Lead us to overrate white men
- Lead us to underrate women and minorities

Overheard
at the Physics
conference:


## Accumulation of Advantage

- "Accumulation of advantage" refers to the cumulative long-term effect of small differences in the way males and females from different ethnic groups are treated throughout their lives
- At home and in school
- On the sports field
- In the workplace
- In restaurants, stores, theatres,...
- If majority males experience "1.001" and others experience " 0.999 " the difference accumulates profoundly
- White males' experience $\rightarrow \infty$ ("1400" after 20 years)
- Others' experience $\rightarrow 0$ ("0.00067" after 20 years)


## Other tensions for Women in Science

- Being oneself versus fitting into the science culture
- Making connections: political relationships versus meaningful relationships and performance
- Controlling your destiny versus conforming to others' expectations ("Agency")
- Moreover, expectations about women conflict with expectations about scientists and engineers
- Achieving wholeness: freedom to align your ideas, personality, and passions while being and being perceived as professionally successful
- Gaining self clarity: knowing what you need to do and be
Adapted from M. Ruderman and P. Ohlott: Standing at the Crossroads


## Engaging Girls and Women of Color

- Even fewer role models ANYWHERE
- Lack of family members encouraging their mathematical, scientific, and intellectual growth and confidence
- Cultural disconnect from family
- Even more limiting gender-ethnic schema
- Non-minority women are often oblivious and unsympathetic to these challenges
$>$ We must commit to understanding these issues and enabling their access and success


## "Women in Science Rule" from Student Mural at LIGO Louisiana

## YOUTH A LIVE SUMMER ÇAMP



ARCHEOLOGIST

## Thank you!

 Questions?
## Discussion?

